

Vegetables



- Beetroot
- Broccoli
- Cabbage (all types)
- Carrot
- Celery and celeriac
- Fennel
- Garlic
- Leek
- Onion
- Parsnip
- Potato
- Spinach
- Squashes (all types)
- Sweetcorn
- Swiss chard
- Tomato
- Turnip
- Winter leaves: endive, lamb's lettuce, etc.



AUTUMN



Fruit

- Apple
- Blueberry
- Chestnuts
- Clementine
- Fig
- Grape
- Kiwi
- Lemon
- Mandarin
- Orange
- Pear
- Quince
- Raspberry

